

Sacred Heart 2022-2023 Covid 19 Plan

- Students and staff are required to notify the school of a positive Covid test or a positive Covid test of a household member.
- Covid positive staff or students will be quarantined for **5 days** from the onset of symptoms. **After 5 days if the positive person has not had fever without taking fever-reducing medication for the previous 24 hours and has had symptom improvement, then the positive person may come back to school on day 6.**
- Students and staff with a positive household member **should self monitor/be monitored by parents. If at any time the student or staff member with a positive household contact begins experiencing symptoms, he/she will quarantine for 5 days from the start of his/her symptoms.**
- Any student or staff exhibiting signs or symptoms of COVID-19 will be sent home by the nurse and a doctor's note will be required to return to work or school, or the student or staff member will need to quarantine for **5 days**. Students who have symptoms but receive a negative Covid test may return to school when their symptoms have improved and they have been fever free for 24 hours. • Masks are optional.

Symptoms of Covid-19 can include cough, shortness of breath, fever, body aches/muscle pain, chills, sore throat, runny nose/congestion, loss of taste or smell.

If your child experiences any of the above described symptoms prior to coming to school, please do not send your child to school.

All information contained in this may be revised and can be changed at any time based on medical guidance from federal, state, and/or local health officials. Sacred Heart Catholic School administrators work closely with medical professionals who provide guidance regarding COVID 19 updates and protocols.