

Sacred Heart 2021-2022 Covid 19 Plan

- Students and staff are required to notify the school of a positive Covid test or a positive Covid test of a household member.
- Covid positive staff or students will be quarantined for 10 days from the onset of symptoms.
- Students and staff with a positive household member will be quarantined for 10 days from the onset of the positive person's symptoms and will be monitored for symptoms by the nurse for the remaining 4 days upon return to school, unless student or staff have been vaccinated for COVID-19. Students or staff with a positive household member that remain symptom free may test on day 7 and return to school with proof of a negative test and will be monitored for an additional 7 days. Please note if the student/staff is symptom free but tests positive, the student/staff will have to quarantine for 10 days from the positive test.
- Non household close contacts of a confirmed positive case in the school will be notified and parents given the option to quarantine their child or send them to school with daily symptom monitoring by the nurse for 10 days from the last date of contact.
- Fully vaccinated individuals who do not have any symptoms after coming in close contact with an infected person do not need to be quarantined. Even vaccinated individuals should monitor themselves for symptoms of COVID-19 for 14 days following an exposure.
- Any student or staff exhibiting signs or symptoms of COVID-19 will be sent home by the nurse and a doctor's note will be required to return to work or school, or the student or staff member will need to quarantine for 10 days. Students who have symptoms but receive a negative Covid test may return to school when their symptoms have improved and they have been fever free for 24 hours. A home test will not be accepted.
- Masks are optional. However, if a student or staff member experiences symptoms of COVID-19 while at school, the student or staff member will be asked to wear a mask until they are able to leave the building for further evaluation.
 - **Symptoms of Covid-19 can include cough, shortness of breath, fever, body aches/muscle pain, chills, sore throat, runny nose/congestion, loss of taste or smell.**

If your child experiences any of the above described symptoms prior to coming to school, please do not send your child to school.

A student will be sent home for evaluation for ONE of the following symptoms: fever, shortness of breath, loss of taste or smell. A student will be sent home for evaluation for TWO or more of the following symptoms: cough, body aches/muscle pain, chills, sore throat, runny nose/congestion.

At this time Sacred Heart Catholic School does not currently have free COVID-19 testing for all students and staff but we hope to be receiving some very soon.

As recommended by the FDA and CDC, antibody testing may not be used to avoid or shorten quarantine time. The only acceptable reason to avoid quarantine with a positive household member is a record of Covid-19 vaccination or proof of an active infection (positive COVID-19 test) within the last 90 days.

All information contained in this may be revised and can be changed at any time based on medical guidance from federal, state, and/or local health officials. Sacred Heart Catholic School administrators work closely with medical professionals who provide guidance regarding COVID 19 updates and protocols.