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Grades 3K – 12

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To: Sacred Heart Athletes and Parents

From: Kevin Haas, Principal
Manny Freeland, Athletic Director

Date: June 18, 2020

Subject: Sacred Heart Athletics COVID Plan

In an effort to protect our athletes and everyone involved in our athletic program, we have taken the following steps:

- Prior to entering the weight room or any Sacred Heart Catholic School facility, athletes must present the Sacred Heart Catholic High School Indian and Indianette Strength and Conditioning/Sports Specific Waiver Summer 2020.
- Athletes will be screened each day with the Texas Department of State Health Services screening form and coaches will take the temperature of each athlete upon arrival. The screening form is located at **[Texas Health and Human Services Checklist for Outdoor Sports Participants.](#)**
- Sacred Heart Coaches will be following TAPPS Summer Strength – Conditioning Programs and Sport Specific Skill Instruction Guidelines which may be found at the following link: **<https://tapps.biz/return-to-play-summer-2020/>**
- Mask are recommended.
- Sacred Heart administrators will continue to communicate with Egon Barthels, Lavaca County Emergency Management Coordinator and local authorities to stay updated on active cases in our community that could potentially impact our athletes.
- **Attendance at summer workouts is optional and voluntary, and athletes are expected to maintain social distance while attending workouts.**
- Any questions regarding Sacred Heart Catholic School Summer Workout Procedures may be directed to Kevin Haas, Principal at 361-798-4251.

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